



Marienne Manor Transitional House

Patient Essay

Marienne Manor is a transitional living program for adult women who are affected by the disease of addiction and who could benefit from short-term living in a semi-structured environment. The program's therapeutic approach is based in the 12-step recovery model of AA. Patients are employed or employable and participate in individual and family therapy, in addition to group therapy three nights weekly, a Big Book Study, and attend at least three 12-step meetings per week. Patients comply with Marienne Manor house expectations and experience an environment that enhances one's recovery from addictions, allows for building of meaningful relationships within a community, and creates a lifestyle that matches values.

As part of the application process we require an essay from patients explaining interest in Marienne Manor. Please write a short essay including the following areas.

Brief personal history:

Please describe your current recovery including length of sobriety, whether you currently have a sponsor, amount of 12-step work completed, and support persons assisting in your recovery.

What recovery skills have you learned and how would you use them in your daily life?

What motivates you to live a life of recovery?

Tell us in your own words what personal qualities you would be able to bring to Marienne Manor and what you hope to gain from this living environment.

Contact number to schedule an interview

Name of contact i.e. self, P.O. et

Signature

Date