

Registration
Addiction Tx: An Integrated Approach
Deadline: January 26, 2010

Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

E-mail: _____

Agency: _____

Credit Card Information (Visa or MC)

Number: _____

Exp. Date: _____

Signature _____

Registration Fee:

\$35 - Non-affiliates

No fee - JRC Employees

Mail or Fax Registration and Payment to:

Jackson Recovery Centers

Attention: Angie Anderson

800 5th Street

Sioux City, IA 51101

Phone: (712) 234-2308

Fax: (712) 234-2398

Jackson Recovery Centers, Inc.
800 5th Street, Suite 200
Sioux City, IA 51101



**Addiction Treatment:
An Integrated
Approach**

by

Kermit Dahlen, MA

January 29, 2010

8:45 a.m.-12 p.m.



 **JACKSON**
RECOVERY CENTERS
Life Can Change. We Can Help.



Addiction Treatment: An Integrated Approach

Audience

Professionals working in the field of substance abuse, nursing, corrections, mental health, social services or any helping profession.

Date

January 29, 2010

Time

8:45 a.m.-12 p.m.

*Registration begins at 8:15 a.m.

Location

Jackson Recovery Centers
Peter Waitt Education Center
800 5th Street, 2nd Floor
Sioux City, IA 51101

Purpose

The new brain chemistry research has the addiction treatment field excited. It is also important that we also stay focused on how these chemical changes manifest in the way addicts think, feel & act. This workshop will explore the evolution of addiction and how it affects memory, emotions, cognition, relationships and even world views. Special attention will be paid to the principles inherent in the 12 Steps of Alcoholics Anonymous and how they can be instrumental in providing effective treatment. Participants will explore a model of treatment which is addiction-centric and integrates recovery principles consistent with the 12 Steps of A.A.

Objectives

At the completion of this workshop participants will be able to:

- ◆ Identify a theoretical base of addiction as a primary, biopsychosocial disease.
- ◆ Utilize effective therapeutic interventions that are inherent in the 12 Steps of A.A.
- ◆ Integrate interventions into the therapeutic process.
- ◆ Develop an addiction-centric approach for patients with co-occurring disorders.
- ◆ Utilize a chronic disease management approach to treating addiction.

Faculty

Kermit Dahlen, MA, completed his undergraduate degree in Psychology at Luther College, in Decorah, IA, and his Masters Degree in Education from Eastern Michigan University in Ypsilanti, MI. He has been working in the field of addiction for over 35 years. Kermit has an extensive history with the state of Iowa in coordinating alcohol and drug treatment services, and developed programming for treatment providers across the state. He has been the President and CEO of Jackson Recovery Centers since 1980 and works closely with state officials developing legislation that meets the addiction-related needs of our community and the state of Iowa.

Continuing Education Units (CEU's)

Program approved for 3 hours of Continuing Education with IBC for Iowa Substance Abuse Counselors. This program complies with the requirements for 3 Continuing Education hours through the Iowa Board of Social Work Examiners.