

Registration

Motivational Interviewing-Part III

May 9, 2008

Name: _____

Address: _____

City: _____

State: _____ Zip Code: _____

E-mail: _____

Agency: _____

Credit Card Information (Visa or MC)

Number: _____

Exp. Date: _____

Signature _____

Registration Fee:

\$35 - Non-affiliates

No fee - JRC Employees

Mail or Fax Registration and Payment to:

Jackson Recovery Centers

Attention: Angie Anderson

800 5th Street

Sioux City, IA 51101

Phone: (712) 234-2300

Fax: (712) 234-2398

Jackson Recovery Centers, Inc.
800 5th Street, Suite 200
Sioux City, IA 51101



Motivational Interviewing Part III

May 9, 2008
8:45 a.m.-12 p.m.



 **JACKSON**
RECOVERY CENTERS
Life Can Change. We Can Help.



Motivational Interviewing-Part III

Audience

Professionals working in the field of substance abuse, mental health, corrections, or any human service agency.

Date

May 9, 2008

Time

8:45 a.m.-12 p.m.

*Registration begins at 8:15 a.m.

Location

Jackson Recovery Centers
Peter Waitt Education Center
800 5th Street, 2nd Floor
Sioux City, IA 51101

**Capacity limited to
50 participants.**

**Registration Deadline
is May 2, 2008.**

Purpose

This workshop is intended to provide advanced clinical information on Motivational Interviewing, which is a treatment approach that helps clients move through the stages of change and find the internal motivation to change what is not working for them in their lives. This M.I. training is part of a national effort to use evidence-based practice in substance abuse counseling. This segment will identify more advanced strategies in utilizing this approach with our clients.

Objectives

At the completion of this workshop participants will be able to:

- ◆ Describe M.I. as a way of being with people.
- ◆ Describe stages of change and how to help our clients move through them.
- ◆ Describe how certain behaviors on our part can increase resistance in our clients.
- ◆ Identify clinical strategies used in M.I.
- ◆ Develop ways of communicating in a more productive way.

Continuing Education Units (CEU's)

Program approved for 3 hours of Continuing Education with IBC for Iowa Substance Abuse Counselors. This program meets the requirements for 3 hours of continuing Social Work education through the Iowa Board of Social Work Examiners.

Faculty

Kris Bengford, ACBSW, CADC, is a Certified Addiction Counselor and a Licensed Bachelor Level Social Worker with over 15 years of experience in the therapy field. She has provided this training numerous times, is recognized as an M.I.N.T. trainer, and is an expert in utilizing the M.I. approach. She is currently a Therapist at Jackson Recovery Centers working in group settings as well as conducting individual and family therapy sessions.

Tammy Reiff, BS, CADC, has worked in the substance abuse and mental health field for over 5 years. She is a certified alcohol/drug counselor in the State of Iowa and is currently the Clinical Supervisor of the Women & Children's Center at Jackson Recovery Centers. Tammy has facilitated numerous educational presentations on problem gambling and continues to provide treatment services to those struggling with addiction.